



ALL STARS SPLASH

TPDC Swim Team

TPDC Crushed the SBP Dolphins...

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Way to go Marques!! You kicked off the meet in fine fashion with your rendition of the National Anthem! From then, it was a display of cool confidence and all star performances as the TPDC All Stars crushed the Dolphins from Strathmore Bel Pre. At the onset of the meet, the momentum with the first two relays seemed to be on the side of the Dolphins as they captured 1st place in both relay event, but we kept it really close with 2nd, 3rd & even 4th place finishes. In many of our individual events our swimmers stepped up and caused upsets or sweeps. Our 11-12 year old boys & girls continue to dominate in all events, capturing 1st and or 2nd places in most events, Like our first home, this 2nd home meet took even more effort, time and commitment from all families that were able to swim. In the end all of our swimmers will benefit from this effort. Thank you coaches, parents and swimmers! The final score was SBP—256 and TP - 319. In this team effort, Joshua and Jared have set new team records in the 100 IM and 50 backstroke respectively. Joshua, Jalyn, Jared and Devi have also set new pool records. Overall, we had 46% of improved times! Way to Go Swimmers! **We are most definitely in the Swim of things!**



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Meet Preview—TP @ MVP

So far, you may be thinking that this is too good to be true; The TPDC All Stars have not dropped a meet so far this season, and maybe just maybe this could be our year to finish the season undefeated. While this may very well happen this season, we **cannot** become complacent! Our toughest competitors are still ahead. This Saturday we begin the tough climb when we face the #1 ranked team in the A Division this year—the MVP Dolphins. Although they are fresh off their first loss for the season, they'll be looking for every opportunity in the meet to get back on top. Our swimmers should keep training hard as the level of competition will go up a few notches for many of our age groups and our swimmers will be asked to answer the call and put forth their best effort. The success of our team depends on the level of commitment each swimmer and family is willing to make. The goal of each swimmer should be to get a best time in at least one event at this away meet. **Lets Go TPDC!! Lets Get Fired Up!!!**

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Fundraising Committee Report

With only two week left in this fundraising effort, are your swimmers actively involved in helping the team to raise some funds this season? Or have you misplaced the sponsorship card? Sponsor cards can still be obtained from Tracie Moore or you may direct family and friends to the sponsor page on the website.

The concept is that:

- Swimmers will have 6 weeks beginning on Monday, June 8, to solicit donations from family members, friends, neighbors, church members and teachers. The requested contribution amount is \$5.00 per person.
- Contributions in excess of \$5.00 are welcome. **
- Sponsor cards and contributions should be placed in an envelope and given to Tracie Moore during the week of July 13-18.
- Sponsors may also use our website and make an online donation.
- All funds will be tallied by swimmer.
- The swimmer with the highest total for girls and boys will each get a reward.

Please make sure your swimmer gets a sponsor card from Tracie! Or refer your friends and family to our website—

www.tpdcallstars.com/sponsor.aspx.

Let's make this work for the benefit of all our swimmers!

**A letter will be prepared for contributors who need our Tax ID number to document their gift.

Swimmers Achievement

Strathmore Bel Pre @ Takoma Park

Congratulations to all swimmers who participated in our 3rd meet of the season! These swimmers gave their all to help put the team in a position to win. Special welcome to the swimmers who made their TPDC summer swimming debut (ones with a *). Of the 117 registered swimmers 28% were absent. The following swimmers made improvements over their seed time:

8 & Unders Boys & Girls:

Absalom Bolling, Richard Holassie, Shelby Ball, Natalie Beckford, Tori Blakeney*, Avery Clark, Blake Coleman*, Marakah Dennis, Gabriella Gutierrez, Rachel Harlan*, Sheyla Tribble.

9-10 Boys & Girls

Delon Smith, Stephon Ray, Michael Ventura, Nia Anderson, Olivia Bartholomew, Aliza Bolling, Nathalie Dary, Leif Jackson, Kambria Jeffery, Callie Mills, Brittney Ross, Xaviera Steele, Kayla Williams

11-12 Boys & Girls

Theo Bates, Isaiah, Coffey, Wesley Harris, Kahlil Harris Epps, Sidney Horton, David Gutierrez, Samuel Moore III, Adam Todd, Devi Ylli, Camille Haynes, Kathleen Hipkins-Jones, Hayli Johnson*, Jennifer Li, Jalyn Robinson, Gabriela Segovia, Aliyah Sola

13-14 Boys & Girls

Isaac Henley, Conrad Hipkins-Jones, Cameron Johnson, Jared Miller, Marques Ross, Ian White, Courtney Bolden, Ngozi Burrell, Chantice Caruth, Maya Dunbar, Hattie Henley

15-18 Boys & Girls

Vincent Goode, Ishmael Henley, John Henley, Ryan Howard, Anthony Ross, Keven Smith, Joshua Tomlin, Katherine Bendana, Brandi Miller, Chelsea White, Amina Wilson

Final Score: SBP - 256; TP - 319

THANK YOU PARENTS!!

Parents we are a mighty force when we work together for the common good of all our children and over the last three weeks we as a team have shown both in the water and out of the water that we are a force to reckon with this season. Thanks for all your support!



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UPDATES & REMINDERS

- Team caps are available for sale at all meets—Latex \$3.00 & \$10 silicon.
- If your family did not get a PMSL Handbooks please see Tracie Moore.
- Sign-up if you plan to go bowling at the Bethesda Naval Center on July 11. A list of visitors is needed by the Naval Center a week prior to the event.
- Parents Appreciation Dinner will be held on Wednesday July 8 from 6:30 pm at the pool.
- All registered swimmers will be entered and expected to swim at our 4th meet on July 11 except the families that have informed the team that they will be absent. If you know that your swimmer (s) will not be at the meet, let Coach Green know your intentions no later than Wednesday July 8. There will also be a form posted on the bulletin board where you can let the team know you will be absent.

Records!

New TP pool records were set by the following TPDC swimmers:

Jalyn - 50 Fly, 100 IM
Joshua - 50 Fly, 100 Free & 100 IM
Devi - 50 Breast
Jared - 50 Back

New team records were set by:

Jared - 50 Back
Joshua - 100 IM

Congratulations!!

2009 Graduates

- *Dalia Varela*
- *Anthony Ross*



Around the "A" Division

MVP 2-1
SBP 0-3
TPDC 3-0
BBT 2-1
TB 2-1
WLS 0-3

TEAM GEAR

The team swim suits (with TPDC logo) are available directly from **Swim Pro** located at:
10831 Lanham Severn Road
Glenn Dale, MD 20769
301-464-6923

For TPDC caps and tee-shirts please see Tracie Moore.



Cheverly Relays

Sunday, JULY 26!!

Every year the team takes part in a fun swim meet and this year we plan to continue the tradition!

Parents please let Coach Green know if your swimmer (s) WILL NOT be available to take part in the relays. The fees for taking part in the events are paid for by the team.

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TPDC Swim Team

Takoma Aquatic Center
Third & Van Buren Streets NW
Washington, D.C.

Write to us at: takomaparkdc@yahoo.com

TPDC—Takoma Park DC Swim Team is one of the founding members of the Prince Mont Swim League. The team's home pool is located in Takoma Park, DC. The team is coached by Rob Green who has been the coach for the last 9 seasons.

Many swimmers on the swim team begun from as young as 5 years old and continue thru until they turn 18 years old.

Summer swimming is The BOMB!

Come out and get in the Swim of Things with TPDC!

GO TPDC ALL STARS!

Visit our website!

www.tpdcallstars.com

July 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
5	6 Practice 6—8 PM Happy Birthday Devi 	7 Practice 6—8 PM	8 Practice 6—8 PM Parents Appreciation Dinner 6:30 -7:30 pm	9 Practice 6—8 PM Happy Birthday Brittney & Antoinee 	10 Practice 6—8 PM Happy Birthday Nathalie 	11 TP @ MVP 7:AM—11 AM Bowling @ Bethesda Na- val Center 1:00—3:00
12	13 Practice 6—8 PM	14 Practice 6—8 PM Happy Birthday Kahlil 	15 Practice 6—8 PM	16 Practice 6—8 PM	17 Practice 6—8 PM	18 TB @ TP 7:AM—11 AM
19 Happy Birthday Delon 	20 Practice 6—8 PM	21 Practice 6—8 PM Happy Birthday Avery 	22 Practice 6—8 PM	23 Practice 6—8 PM	24 Practice 6—8 PM	25 Divisionals* @ SBP *Top 2 Swim- mers will be selected for each event.