

ALL STARS SPLASH

TPDC Swim Team

TPDC Tops the Theresa Banks Tiger Sharks...

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We made team history on Saturday July 18, when for the first time in a decade, TPDC had its first undefeated season in the A Division of Prince-Mont Swim League! It was Coach Green's goal for the team since he became our Head Coach and I am sure he couldn't be any more proud of this 2009 team! Most of our current 15-18 swimmers were 8 & Unders when Coach Green started and while a few will remain, this team will not be the same without Coach Green. The stakes were high, there was much anticipation and the hope that this time we will defeat the ghosts of the decade. Team spirit was evident as the decibels went up significantly during every tight race. In the end our All Stars answered the call once again for some fast swimming to top the Tiger Sharks. Thank you coaches, parents and swimmers! The final score was TB 249; TP 329. In this team effort, Joshua & Amina have set new league records. Joshua, Marissa, Kai and Amina have also set new team records. Pool records were set by Joshua, Marissa, Jon, Jared, Kai, Amina and the boys 9-18 Graduated Relay team of Jon, Sidney, Jared & Joshua. Overall, we had 41% of improved times! Way to Go Swimmers! **We are most definitely in the Swim of things!**



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Meet Preview—Divisionals

All Stars, prepare to raise the competition bar several notches on Saturday! Each team within the A Division has swimmers in every age group that are capable of competing at extremely high levels. The meet will feature all the top swimmers in the division and every swimmer will be trying his/her hardest to finish in the top six spots to be able to score points for their team. Our swimmers should remain focused, listen to the coaches for final tips and instructions and be ready to have a fun meet. The results of the meet will determine the Division Champion!! Swimmers will be asked again to answer that call for some extra fast swimming. The  is on TPDC! We are the only undefeated team this season in our division. The success of our team depends on the level of commitment each swimmer and family is willing to make. The goal of each swimmer should be to get a best time in at least one event at this championship meet. The finish line is ahead. **Lets Go TPDC!! Lets Get Fired Up!!!**

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Fundraising Committee Report

From the 100+ registered swimmers—only 6 families have turned in the fundraising sponsor me card!!

It is not too late! To make an online donation, refer friends or family to our website:

www.tpdcallstars.com/sponsor.aspx

Let's make this work for the benefit of all our swimmers!

**A letter will be prepared for contributors who need our Tax ID number to document their gift.

Goodbye Coach Green

For those of you that left the meet prior to the end of the meet on Saturday, you missed Coach Green's announcement that this season will be his last as Head Coach of the TPDC All Stars. After 10 years of total dedication to us, through the good and the not so good times, through the wins and the losses, through the adjustments and numerous change in venue while our home pool was renovated, through the scarcity of equipment to run our home meet, not to mention the period of time when the kids didn't know what the backstroke flag was used for until the day of the meet, etc. etc he stuck with us. Those were definitely growing pains. We have come a long way. Now its time to say goodbye. This teams is headed in the right direction and we can only get better from here. Thank you Coach Green!

SUPPORT LEDO PIZZA On Georgia Ave, NW They provided pizza for our "Back to Pool" Night	SUPPORT Three Brothers On University Blvd Hyattsville, MD They provided pizza for our Pizza Party	SUPPORT LEDO PIZZA On Georgia Ave, NW They provided pizza for our Pizza Party
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Swimmers Achievement

Theresa Banks @ Takoma Park

Congratulations to all swimmers who participated in our 5th meet of the season! These swimmers gave their all to help put the team in a position to win. Of the 102 swimmers entered, 93% was present. The following swimmers made improvements over their seed time:

8 & Unders Boys & Girls:

Absalom Bolling, Richard Holassie, Matthew Kilpatrick, Karim Todd, Shelby Ball, Natalie Beckford, Tori Blakeney, Avery Clark, Blake Coleman, Jordan Cupid, Marakah Dennis, Rachel Harlan, Sheyla Tribble.

9-10 Boys & Girls

Jon Bendana, David Caruth, Christian Hudson, Stephon Ray, Delon Smith, Iyosias Wondwossen, Olivia Bartholomew, Aliza Bolling, Imani Campbell, Nathalie Dary, Leif Jackson, Kambria Jeffery, Kennedie Lightfoot, Brittney Ross, Asha Yates.

11-12 Boys & Girls

Theo Bates, Don Brazelton, Isaiah, Coffey, Kahlil Harris Epps, Kyle Hudson, Julian Rigsby, Willis Thomas III, Adam Todd, Elon Harris Epps, Sally Henley, April Henry, Hayli Johnson*, Jennifer Li, Maddison Lightfoot, Antoince Ross, Gabriela Segovia, Aliyah Sola, Kai Waller.

13-14 Boys & Girls

Bradford Clarke, Isaac Henley, Conrad Hipkins-Jones, Cameron Johnson, Jared Miller, Marques Ross, Ian White, Ngozi Burrell, Maya Dunbar, Hattie Henley.

15-18 Boys & Girls

John Henley, Ryan Howard, Tristan Rogers, Andres Santizo, Keven Smith, Joshua Tomlin, Marissa Gentry, Joyvell Henry, Brandi Miller, Lindsey Smith, Dalia Varela, Chelsea White, Amina Wilson

Final Score: TB - 249 TP - 329

CONGRATULATIONS

THANK YOU PARENTS!!

Parents we are a mighty force when we work together for the common good of all our children and over the last five weeks we as a team have shown both in the water and out of the water that we are a force to reckon with this season. Thanks for all your support!

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UPDATES & REMINDERS

- Team Spirit Week of Activities—Monday 20—Friday 23.

Tuesday - Celebrity Look Alike Day

Wednesday - PJ Relays
- Letter to the Coaches is Due
- Team T-Shirt Design is Due

Thursday - Christmas in July

Friday - Kool Cap and/or Kool goggles Day

Saturday - Twin Day

- Cheverly Relays - Sunday July 25 at Cheverly Swim & Racquet. This is a relays only meet.
- Team Banquet and Awards Ceremony will be held on Sunday August 2. Details on the venue, etc will be provided at a later date.

Records!

New TP pool records were set by the following TPDC swimmers:

Marissa - 50 Fly
Joshua - 50 Fly,
50 Breast & 100 IM
Jon - 50 Free
Jared - 50 Free
Kai - 50 Breast
Amina - 50 Back & 100 IM

New team records

were set by:

Marissa - 50 Fly
Kai - 50 Breast
Joshua - 50 Fly, 50 Breast
& 100 IM
Amina 50 Back & 100 IM

New league records

were set by:

Joshua - 50 Breast
Amina - 50 Back
Congratulations!!

2009 Graduates

- DALIA VARELA
- ANTHONY ROSS
- KEVEN SMITH
- BIANCA THOMPSON



Around the "A" Division

CHEVERLY RELAYS

Sunday July 26

MVP 3-2

SBP 1-4

TPDC 5-0

BBT 4-1

TB 2-3

WLS 0-5

Every year the team take part in a fun swim meet and this year we plan to continue the tradition!

To help the coaches in preparing the line-up of relay teams, all swimmers **MUST** sign up to be entered in this meet. The deadline so sign up has passed but if you have change in plans, please speak to Coach Green today!



Congratulations Graduates!
Good luck next year!

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TPDC Swim Team

Takoma Aquatic Center
Third & Van Buren Streets NW
Washington, D.C.

Write to us at: takomaparkdc@yahoo.com

TPDC—Takoma Park DC Swim Team is one of the founding members of the Prince Mont Swim League. The team's home pool is located in Takoma Park, DC. The team is coached by Rob Green who has been the coach for the last 9 seasons.

Many swimmers on the swim team begun from as young as 5 years old and continue thru until they turn 18 years old.

Summer swimming is The BOMB!

Come out and get in the Swim of Things with TPDC!

GO TPDC ALL STARS!

Visit our website!

www.tpdcallstars.com

July-August 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
19 Happy Birthday Delon 	20 Practice 6—8 PM Volunteer Jamboree 	21 Practice 6—8 PM Happy Birthday Avery 	22 Practice 6—8 PM Parents Meeting 6-7 pm PJ Relays Due are: T-Shirt Design Coaches letter	23 Practice 6—8 PM Christmas in July	24 Practice 6—8 PM Kool Cap and/ or Kool goggle Day	25 Divisionals* @ SBP Twin Day
26 CHEVERLY RELAY CARNIVAL	27 Practice 6—8 PM	28 Practice 6—8 PM	29 Practice 6—8 PM	30 Practice 6—8 PM	31 Practice 6—8 PM	1 ALL STARS Swim Meet* @ Whitehall * Swimmers will be selected by PMSL.
2  BANQUET & TEAM AWARDS 	<h2>ENJOY THE REST OF SUMMER!</h2>					